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February 5, 2007

Ivan S. Seidenberg  
Chief Executive Officer  
Verizon Communications  
140 West Street  
New York, NY 10007

Re: 2007 Shareholder Resolution  
Verizon - Privacy Rights Protection Report

Dear Mr. Seidenberg:

We write to you as investors of Verizon Communications who support public accountability by our company regarding alleged sharing of customer data. We support a shareholder proposal filed with the company for 2007 asking Verizon to provide a report to shareholders about disclosure of customer records to federal security agencies and private investigators.

We are troubled about media reports alleging that MCI, the former long distance company acquired in January 2006, shared customers' private communication records with federal agencies without first requiring a court order. While several of Verizon's competitors denied participation in a warrantless surveillance program, Verizon has refused to confirm or deny MCI's involvement. As shareholders, we are interested in knowing what actions our company took and receiving an assessment of the resulting level of risk.

MCI's alleged involvement has already caused harm to our company's goodwill and reputation, and has no doubt disappointed current customers and dissuaded prospective new customers. The potential legal liabilities from dozens of lawsuits filed in regards to sharing customer records are enormous and could threaten to undermine share price. These are risks shareholders are entitled to be informed about.

We urge you to change course and take an industry leadership position as an advocate for privacy rights. In doing so, Verizon has the opportunity to reinstate confidence among our customers, employees, shareholders and potential new customers.

Verizon has asked the Securities and Exchange Commission to allow the company to omit the Privacy Rights proposal filed by As You Sow from its 2007 proxy statement. We hope you and the Verizon Board will reconsider efforts to deny shareholders the opportunity to vote on this proposal, and indeed urge all Verizon investors to support it as important and material information that should be provided to stakeholders.

Sincerely,

Larry Fahn, Executive Director  
As You Sow

Supporting Organizations:

Séamus P. Finn, OMI  
Missionary Oblates of Mary Immaculate

Timothy Smith  
Walden Asset Management,  
a division of Boston Trust & Investment Management Company

Lincoln Pain  
Effective Assets

Michael Lent and Steve Fahrer  
Progressive Asset Management/New York

John Harrington  
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Julie Gozan  
Amalgamated Bank

Steve Lippmann  
Trillium Asset Management